

Track: 2024-07-02 Sentiero Adolf Munkel

Date: 08/07/2024

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These speeds are average for = HKG

IBP index reliability= A

IBP = 153 HKG

Total length	25.81 Km
Analyzed distance	25.81 Km
Lineal distance	0.02 Km

Accumulated climb	1499.1 m
Accumulated descent	1499 m
Maximum height	2052.6 m
Minimal height	1357.8 m
Climb rate	11.09 %
Descent rate	12.97 %
Positive climb difference per km	58.08 m
Negative descent difference per km	58.08 m

Total time	9:02:38 h
Time in movement	7:51:12 h
Stopped time	1:11:26 h

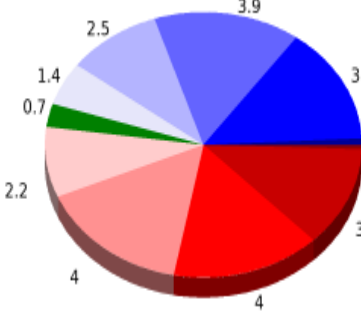
Total speed average	2.85 Km/h
Average speed in movement	3.29 Km/h
Maximum held speed	10.69 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	1629 (cad. 15.84 m)
Significant points	676 (cad. 38.29 m / 41.5 %)
Aberrant points	2 (0.12 % d. total)

Direction changes per km	13.52
Direction changes >5° per km	10.89
Accumulated straight stretches	2.089 Km
Straight stretches per km	80.94 m
Penalizable slope changes	10
Penalizable slope changes per km	0.387

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Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	0.151	0.59	2.15	0:04:13
	Between 15 and 30%	3.072	11.9	2.68	1:08:50
	Between 10 and 15%	4.008	15.53	3.02	1:19:36
	Between 5 and 10%	4.039	15.65	3.31	1:13:12
	Between 1 and 5%	2.249	8.72	3.27	0:41:16
	Total :	13.519	52.38	3.04	4:27:07
	Plain				
	Difference of 1%	0.734	2.85	2.56	0:17:11
	Breakdown descents				
	Between 1 and 5%	1.384	5.36	3.19	0:26:04
	Between 5 and 10%	2.452	9.5	3.96	0:37:07
	Between 10 and 15%	3.927	15.22	4.91	0:47:58
	Between 15 and 30%	3.594	13.93	3.13	1:08:59
	Between 30% and 55%	0.196	0.76	1.74	0:06:46
	Total :	11.554	44.77	3.71	3:06:54
Total track :		25.81	100 %	3.29	7:51:12

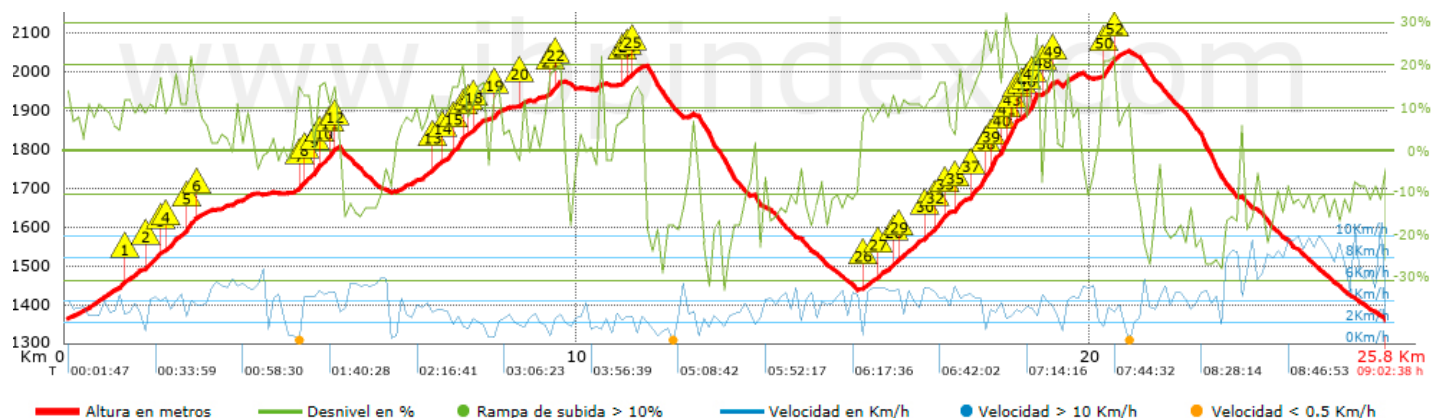
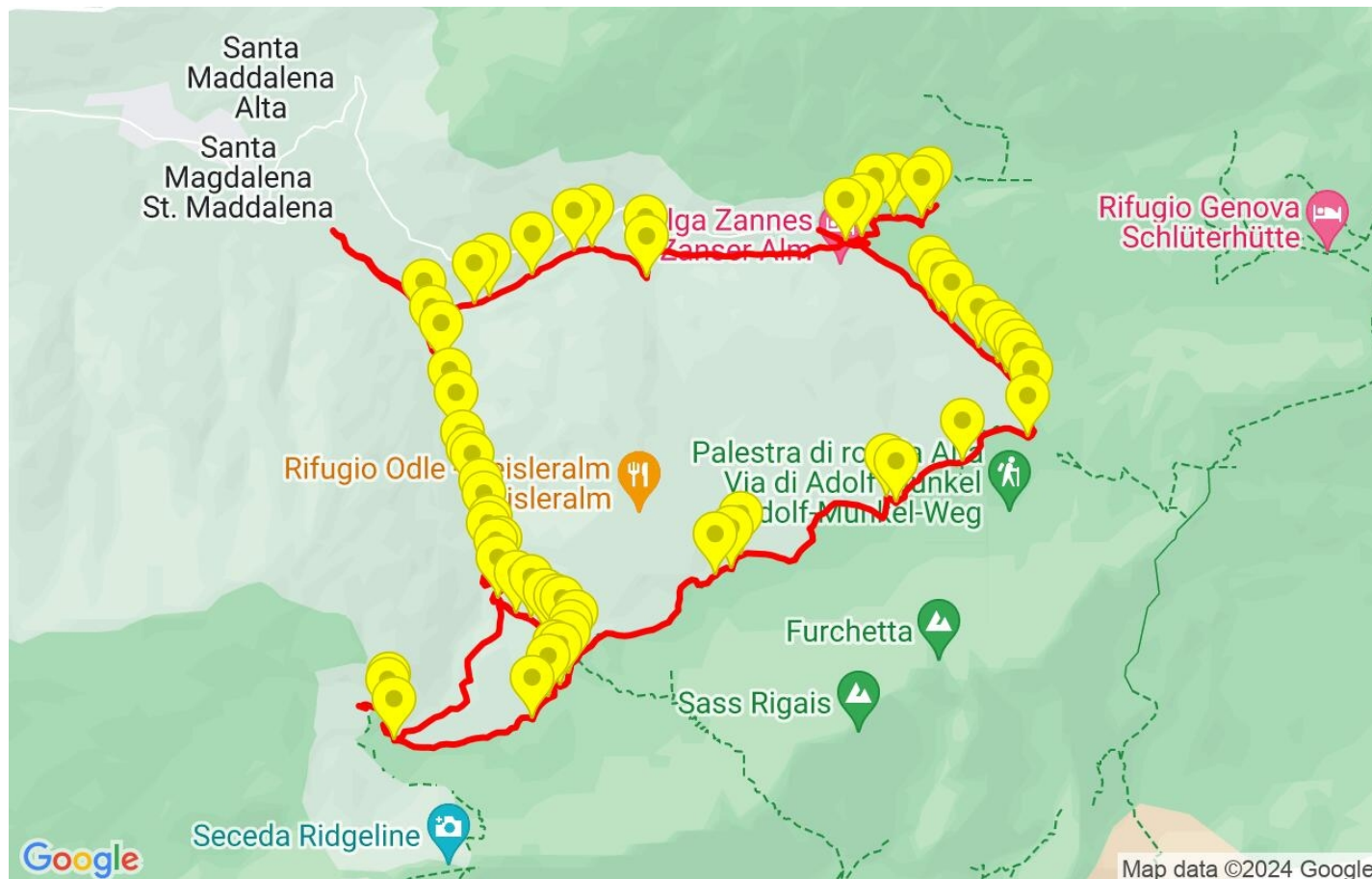
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




















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
















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Steep slopes > 10%

Steep slope	Slipage point	Average slope	Interval
	1.138	11 %	105 m
	1.553	11 %	296 m
	1.849	12 %	124 m
	1.973	13 %	415 m
	2.388	19 %	124 m
	2.512	14 %	47 m
	4.522	16 %	106 m
	4.628	12 %	238 m
	4.866	17 %	110 m
	4.977	14 %	224 m
	5.201	16 %	82 m
	5.283	16 %	40 m
	7.143	15 %	99 m
	7.349	12 %	229 m
	7.578	18 %	156 m
	7.734	18 %	84 m
	7.901	11 %	70 m
	7.971	13 %	134 m
	8.316	12 %	169 m
	8.88	12 %	130 m
	9.417	15 %	117 m
	9.534	14 %	138 m
	10.984	12 %	119 m
	11.104	12 %	216 m
	15.859	11 %	298 m
	16.304	11 %	487 m

	16.791	11 %	120 m
	16.91	13 %	41 m
	16.951	17 %	175 m
	17.126	14 %	82 m
	17.372	13 %	42 m
	17.413	19 %	104 m
	17.635	13 %	32 m
	17.667	16 %	279 m
	17.947	25 %	158 m
	18.105	23 %	103 m
	18.209	19 %	122 m
	18.331	33 %	84 m
	18.415	26 %	41 m
	18.456	22 %	129 m
	18.585	11 %	111 m
	18.696	12 %	76 m
	18.772	25 %	113 m
	18.886	25 %	36 m
	19.1	17 %	174 m
	19.273	15 %	31 m
	20.248	21 %	181 m
	20.429	22 %	38 m
	20.467	14 %	78 m

High altitude parameters, data above

High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2000	1101.962	4.27	0:28:31	2.32	0:13:55	0:42:26	1.56
1750	9891.717	38.33	3:47:58	2.6	0:31:14	4:19:12	2.29
1500	10497.22	40.68	2:35:23	4.05	0:23:26	2:58:49	3.52
Total :	21.491 Km	83.28 %	6:51:52 h	3.13 Km/h	1:08:35 h	8:00:27 h	2.68 Km/h

Stops

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
4.281	0:03:05	1686	1:13:02	1:13:02	4.281
4.414	0:02:28	1691	1:18:40	0:05:38 < 10´	0.133
4.485	0:07:24	1689	1:22:20	0:03:40 < 10´	0.071
6.262	0:04:01	1696	1:53:56	0:31:36	1.777
6.333	0:03:30	1693	1:59:12	0:05:16 < 10´	0.071
6.412	0:02:58	1691	2:03:32	0:04:20 < 10´	0.079
8.215	0:03:39	1879	2:52:18	0:48:46	1.804
8.283	0:03:26	1876	2:56:29	0:04:11 < 10´	0.068
9.383	0:03:09	1935	3:27:58	0:31:29	1.099
11.465	0:03:13	1993	4:36:01	1:08:03	2.082
11.81	0:14:25 > 10´	1922	4:51:12	0:15:11	0.345
12.346	0:03:22	1887	5:17:03	0:25:51	0.536
15.501	0:02:51	1437	6:19:31	1:02:28	3.155
20.73	0:13:55 > 10´	2049	7:51:12	1:31:41	5.23
Total : 1:11:26 h					